## **ONLINE BENEFITS MANAGEMENT**

Employees who participate in the Madison Public Schools health insurance plans are encouraged to visit the Anthem website at <a href="https://www.anthem.com">www.anthem.com</a>.

By registering under "myanthem", you can manage your health benefits information in a fast and convenient fashion. Through member self-service you can: check the status of a claim, new membership information, change your primary care physician, if applicable, update your address and request a new identification card. One of the most interesting features is being able to see the VALUE of your health insurance and what's being paid on your behalf. To log on to MyAnthem featuring online member services, visit www.anthem.com >Members> click on MyAnthem Login > enter your information and look at your own very specific and secure information.

Be sure to check out discounts and savings on Health Clubs, Prescription Eyewear, Bedding Discounts and even more through <a href="mailto:SpecialOffers@Anthem">SpecialOffers@Anthem</a>. You can even learn to achieve and maintain your ideal weight, stop smoking, and manage other health issues such as cancer, diabetes, depression, high blood pressure and asthma and allergies - just to name a few.

Mental Health and Substance Abuse 1-800-934-0331 (24 hour crisis line)

Employees who do not have personal computers to access can continue to call the toll free number on your insurance card **1-800-233-4947**