

Grade 10/12

Distance Learning Module 1: Week of: 3/30-4/3

## Introduction to Human Behavior- *Modified from Unit 1* - How do I Better Understand Myself?

**Targeted Goals from Stage 1:** Apply psychological reasoning to individual issues to better understand problems, predict, and/or develop solutions

**Content Knowledge:** 7 modern psychological perspectives, theories of motivation, schedules of reinforcement

**Vocabulary:** psychology, perspectives, evolutionary perspective, behavioral perspective, psychodynamic perspective, unconscious, cognitive perspective, socio-cultural perspective, biological perspective, nature v. nurture, humanistic perspective, biopsychosocial perspective, motivation, intrinsic, extrinsic, instinct theory, incentive theory, optimal arousal theory, drive-reduction theory, Maslow Hierarchy of needs, self-actualization

**Skills:** analyzing, decision-making, applying concepts to new situations, question formulation

**Expectation:** Students will be able to examine information/data/evidence to make inferences and identify possible underlying assumptions, patterns, and relationships

Description of Task (s):	Resources and Materials:	Daily Checks (Return to Google Classroom or snapshots from a cell phone)
Monday: Introduction to course, teacher	introduction to course/syllabus student survey	student survey
Tuesday: Introduce habit journals & perspectives slides	habit journal model slides habit journal model slides with narration habit journal assignment perspectives slides perspectives slides with narration resource	exit slip (google form) slides Habit journal #1 (all in one document, just complete #1)
Wednesday: Google Classroom question- disagreement (Discussion Board response w/ replies to 1 classmate)	Review perspectives as indicated by exit slip results Google Classroom question about disagreement among perspectives begin work on habit journal entry #2	Google Classroom question (answer & respond to 1 classmate)

Description of Task (s):	Resources and Materials:	Daily Checks (Return to Google Classroom or snapshots from a cell phone)
Thursday: Habit journal #2 intrinsic motivation scale activity	habit journal model slides (#2) habit journal assignment (#2) Work Questionnaire	Work Questionnaire
Friday: Habit journal #2 revisions motivation slides	motivation slides motivation slides with narration	motivation slides exit slip habit journal #2

**Week criteria for success** (attach student checklists or rubrics):

Habit Journal Checklist

Google Classroom Question/Discussion Board Guidelines for Success

Use of Exit Slips

Feedback will be given for revision work

**Supportive resources and tutorials for the week** (plans for re-teaching):

PSYCHademia Video- Perspectives of Psychology

Crash Course Video - Motivation

Additionally students will be able to rewatch slideshows with narration and teacher will be available for one-on-one assistance via email, private messages on Google Classroom, and Google Meet