

Grade 6-8

Distance Learning Module 6: Week of: May 11th –May 15th

Physical Education – Grade 6

Targeted Goals from Stage 1: Students will explore and connect to their Physical, Mental and Emotional Health.

Content Knowledge: Physical, Emotional and Spiritual Health

Vocabulary: Spiritual Health, Emotional Health, Physical Health

Skills: Personal exploration

Expectation:

Description of Task (s):	Resources and Materials:	Daily Checks
Monday: PHYSICAL HEALTH <ul style="list-style-type: none">Read the Google slides on Physical Health, slides 1-3.Create a Google Doc on your drive to begin storing your pictures and journal.Take 1 picture of your physical Health as outlined in the Google slides and put it into your Google Doc.Answer three journal prompts in your Google Doc.	Google SlideShow	
Tuesday:		
Wednesday: EMOTIONAL HEALTH <ul style="list-style-type: none">Read the Google slides on Emotional Health, slides 4-6.Take 1 picture of your Emotional Health as outlined in the Google slides and put it into your Google Doc you created on Day 1.Answer three journal prompts in your Google Doc you created on Day 1.	Google SlideShow	
Thursday:		
Friday: SPIRITUAL HEALTH <ul style="list-style-type: none">Read the Google slides on Spiritual Health, slides 7-9.Take 1 picture of your Spiritual Health as outlined in the Google slides and put it into your Google Doc you created on Day 1.	Google SlideShow	Google Doc submitted with 3 total pictures and 9 total journal prompts:

Description of Task (s):	Resources and Materials:	Daily Checks
<ul style="list-style-type: none"> • Answer three journal prompts in your Google Doc you created on Day 1. • Submit your Google Doc with all the pictures and journal questions from the week on Classroom. 		

Week criteria for success (attach student checklists or rubrics): **Google Doc submitted with pictures and journals**

Supportive resources and tutorials for the week (plans for re-teaching):