

## Grade 8

Distance Learning Module 7: Week of: May 18<sup>th</sup> – May 22<sup>nd</sup>

### Grade 8 Healthy Living:

#### Targeted Goals from Stage 1: *Gardens and Growing Food*

**Content Knowledge:** Gardening and growing food is healthy in many ways for teens and everyone. Here are some ways growing plants is healthy: plant care fosters responsibility, gardening is good for psychological well-being, outdoor time promotes movement & exercise, plants offer a great way to connect to the earth, growing food encourages healthier eating habits.

**Vocabulary:** plants, gardens, containers, connection, earth, health, nutrition, school gardens, urban, vegetable, vertical garden

**Skills:** Recognize the health benefits of gardening, identify ways to connect more with nature at home and at school, recognize the medicinal properties of many plants, develop an interest and concern for the natural world

#### Expectation:

Description of Task (s):	Resources and Materials:	Daily Checks (Return to Google Classroom or snapshots from a cell phone)
Monday: <ul style="list-style-type: none"><li>Watch the Every Child Deserves to Grow video and respond to the embedded questions on EdPuzzle</li></ul>	<ul style="list-style-type: none"><li>Video on EdPuzzle</li></ul>	<ul style="list-style-type: none"><li>I will read your responses on EdPuzzle</li></ul>
Tuesday:		
Wednesday: <ul style="list-style-type: none"><li>Watch the video clip Going Farming</li><li>Watch the video on Vegetable Container Ideas</li><li>Respond to the question in classroom</li><li>Optional: Vertical Wall Gardens Video</li></ul>	<ul style="list-style-type: none"><li>Going Farming Video Clip (6.25)</li><li>Vegetable Container Ideas</li><li>Google Classroom Question</li><li>Vertical Wall Gardens Video (Optional)</li></ul>	<ul style="list-style-type: none"><li>I will read your response to the questions in Classroom</li></ul>

Description of Task (s):	Resources and Materials:	Daily Checks (Return to Google Classroom or snapshots from a cell phone)
Thursday:		
Friday: <ul style="list-style-type: none"> <li>● Watch the Video on How to Start a Vegetable Garden</li> <li>● Use the Online Gardening Tool to plan our a garden if you want to</li> <li>● Take the Medicinal Plant Quiz if you want to</li> </ul>	<ul style="list-style-type: none"> <li>● How to Start a Vegetable Garden</li> <li>● Online Gardening</li> <li>● Medicinal Plant Quiz</li> </ul>	<ul style="list-style-type: none"> <li>● Consider growing some vegetables at home in a garden bed or in containers. If you do, send pictures of your progress.</li> </ul>

**Week criteria for success:** Watch the videos and respond to the questions in EdPuzzle and in Classroom, take the quiz if you want to

**Supportive resources and tutorials for the week:** Re-watch videos as needed, I am available 9-2 daily for any questions or concerns