Grade 8
Distance Learning Module 11: Week of: June 15-June 18

Grade 8 Healthy Living: *Summer Fun & Sun Safety*

Targeted Goals from Stage 1: Desired Results

Content Knowledge: Being outdoors is healthy, and some sun exposure is good for us. It only takes a little time in the sun for most people to get the vitamin D they need which is important. Too much unprotected exposure to the sun's ultraviolet (UV) rays can cause skin damage, eye damage, and skin cancer, so it is important to know how to protect your skin while enjoying the outdoors and having fun.

Vocabulary: Sun, safety, skin, epidermis, ultraviolet radiation, sun protection factor (SPF), protection, dehydration, solar, sunscreen, UVC, UVB, UVA, melanin, melanocytes, tan, dermis, burn

Skills: Recognize the importance of protecting your eyes and skin from the sun, identify what the risks are for skin damage and skin cancer, identify ways that you can use safe sun practices to stay healthy

Expectation:

Description of Task (s):	Resources and Materials:	Daily Checks (Return to Google Classroom or snapshots from a cell phone)
Monday: 1. Watch the BrainPop Video on The Sun 2. Watch the BrainPop Video on Sun Protection 3. Read the Staying Safe in the Sun article 4. Take a "Healthy Selfie" of yourself doing something healthy and submit as a final "goodbye"	● BrainPop video The Sun ● BrainPop video Sun Protection ● Staying Safe in the Sun article ● "Healthy Selfie"	● Take the BrainPop quizzes to see how you did ● I will see your "Healthy Selfie" Pic
Tuesday:		
Wednesday: 1. Watch the Sun Safety video with Despicable Me 2. Watch the Sun Safety video	● Watch the Sun Safety Video with Despicable Me ● Sun Safety Video	● Stay safe, have fun, and protect your skin this summer!

Description of Task (s):	Resources and Materials:	Daily Checks (Return to Google Classroom or snapshots from a cell phone)
3. Go to the Sun Safety website to learn more & share with your family	● Sun Safety Website	
Thursday:		
Friday: ● Have a great summer!	● Have a great summer!	● Have a great summer!

Week criteria for success: Watch the videos, read the handouts, stay healthy & have a great summer!

Supportive resources and tutorials for the week: re-watch videos as needed, email me any time, I am available 9-2 for any questions or comments