

Grade 8

Distance Learning Module 9: Week of: 6/1/2020-6/5/2020

Grade 8 Healthy Living - How Your Diet Affects the Planet

Targeted Goals from Stage 1: Desired Results

Content Knowledge: What we eat matters. The food choices we make every day have a big effect on the environment. The good news is that even small changes in what we buy and eat can add up to real environmental benefits, including fewer toxic chemicals, reduced global warming emissions, and preservation of our ocean resources. Eating “green” can also mean eating fresher, healthier food.

Vocabulary: Diet, environment, emissions, climate change, meat, carbon, CO₂, meatless, vegetarian, plant based, contribute, reduce, greenhouse gas, global climate change

Skills: Recognize how our diets can impact the environment in both positive and negative ways. Recognize how the food industry and factory farming contributes to environmental problems, identify ways to reduce meat in the diet such as “Meatless Mondays”

Expectation:

Description of Task (s):	Resources and Materials:	Daily Checks (Return to Google Classroom or snapshots from a cell phone)
Monday: <ul style="list-style-type: none">• Watch the video on Diet & Climate Change on EdPuzzle• Keep track of how many times you eat meat this week	<ul style="list-style-type: none">• The Diet that Helps Fight Climate Change on EdPuzzle• Weekly Meat Record	<ul style="list-style-type: none">• I will read your answers on EdPuzzle
Wednesday: <ul style="list-style-type: none">• Watch the video “What if the World Went Vegetarian”• Watch the video on Meatless Mondays• Respond to the Questions in Classroom• Continue to record meat consumption this week	<ul style="list-style-type: none">• What if the World Went Vegetarian (3.46)• Meatless Mondays Humane Society (3.33) 2011• Meat Record	<ul style="list-style-type: none">• I will read your responses in Classroom

Description of Task (s):	Resources and Materials:	Daily Checks (Return to Google Classroom or snapshots from a cell phone)
Friday: <ul style="list-style-type: none"> ● Watch the Healthy Veggie Snacks Video ● Continue to fill out the Meat Record over the weekend to determine your weekly meat consumption 	<ul style="list-style-type: none"> ● Healthy Veggie Snacks Video ● Meat Record continued 	<ul style="list-style-type: none"> ● Get inspired to make a healthy veggie snack

Week criteria for success: Watch the videos and respond to the questions in Classroom & EdPuzzle, keep a record of meat consumption for a week

Supportive resources and tutorials for the week: re-watch videos as needed, email me any time, I am available 9-2 for any questions or comments