Distance Learning Module 10: Week of: 6/8/2020-6/12/2020

# Introduction to Human Behavior - Modified from Unit 4 - Clinical Psychology

## **Targeted Goals from Stage 1: Desired Results**

#### **Content Knowledge:**

- Criteria & definition of psychological disorder
- Bio-psycho-social model for understanding disorders
- Benefits and potential dangers of labeling disorders
- Definitions of certain disorders, including but not limited to: Generalized anxiety disorder, Phobia, OCD, PTSD, Major Depressive disorder, Bipolar disorder, dissociative disorders, Schizophrenia, Personality disorders
- Approaches to treatment, including but not limited to: psychoanalytic, humanistic, behavior therapy, cognitive therapy, biomedical

**Vocabulary:** Personality disorders, stigma, empathy, Free association, Dream analysis, Resistance, Interpretation/insight, Transference, active listening, counter-conditioning, systematic desensitization & aversive conditioning, Cognitive -Behavioral Therapy, bio-medical

#### **Skills:**

- Recognizing psychological disorders
- Recognizing strengths and limitations of DSM
- Finding, reading, and interpreting psychological research
- Developing empathy for mental health problems, in themselves and others

### **Expectation:**

Description of Task (s):	Resources and Materials:	Daily Checks (Return to Google Classroom or snapshots from a cell phone) SOPHOMORES ONLY
Monday:	Read Covid 19 & Anxiety article	Work on PBA, if not done
Applying understanding of Anxiety, PBA		TWO-DAY Assignment:
		Respond to the question board concerning advice
		in the article: How can schools use this
		information to help students during this crisis?

Description of Task (s):	Resources and Materials:	Daily Checks (Return to Google Classroom or snapshots from a cell phone) SOPHOMORES ONLY
Tuesday:	see Monday	see Monday
Applying understanding of Anxiety, PBA		
Wednesday:	Read Debunking Myths of Teen	Work on PBA, if not done
Applying understanding of Depression, PBA	Depression	TWO-DAY Assignment:
	Unit 4 PBA	Respond to the question board concerning teen depression: the article: Knowing what you do about depression and the myths, what can you do to support a friend who is struggling with depression?
Thursday:		See Wednesday
Applying understanding of Depression, PBA		
Friday:	Unit 4 PBA	Multi- day assignment-Unit 4 PBA- due
Unit 4 PBA	<ol> <li>Reflect on your slides</li> </ol>	Teacher available for questions & feedback
(Last day instruction -underclassmen)	2. Complete Unit 4 PBA	Unit 4 PBA Reflection (optional)
{Last day for seniors to submit work}	Reflection (optional)	

Week criteria for success (attach student checklists or rubrics):

Discussion Board/Google Questions Guidelines for success

Social Studies Writing Rubric

**Supportive resources and tutorials for the week** (plans for re-teaching):

Slides with narration or recorded classes may be posted or requested

Additionally students will be able to rewatch slideshows with narration and teacher will be available for one-on-one assistance via email, private messages on Google Classroom, and Google Meet