Distance Learning Module 11: Week of: June 15-June 18

## Grade 6 Healthy Living: Summer Fun & Sun Safety

## **Targeted Goals from Stage 1: Desired Results**

**Content Knowledge:** Being outdoors is healthy, and some sun exposure is good for us. It only takes a little time in the sun for most people to get the vitamin D they need which is important. Too much unprotected exposure to the sun's ultraviolet (UV) rays can cause skin damage, eye damage, and skin cancer, so it is important to know how to protect your skin while enjoying the outdoors and having fun.

**Vocabulary:** Sun, safety, skin, epidermis, ultraviolet radiation, sun protection factor (SPF), protection, dehydration, solar, sunscreen, UVC, UVB, UVA, melanin, melanocytes, tan, dermis, burn

**Skills:** Recognize the importance of protecting your eyes and skin from the sun, identify what the risks are for skin damage and skin cancer, identify ways that you can use safe sun practices to stay healthy

## **Expectation:**

Description of Task (s):	Resources and Materials:	Daily Checks (Return to Google Classroom or snapshots from a cell phone)
Monday: 1. Watch the BrainPop Video on The Sun	BrainPop video The Sun	<ul> <li>Take the BrainPop quizzes to see how you did</li> </ul>
Watch the BrainPop Video on Sun     Protection	BrainPop video Sun Protection	I will see your "Healthy Selfie" Pic
3. Read the Staying Safe in the Sun article 4. Take a "Healthy Selfie" of yourself doing	<ul> <li>Staying Safe in the Sun article</li> </ul>	
something healthy and submit as a final "goodbye"	<ul><li>"Healthy Selfie"</li></ul>	
Tuesday:		
Wednesday:  1. Watch the Sun Safety video with Despicable Me	Watch the Sun Safety Video with Despicable Me	<ul> <li>Stay safe, have fun, and protect your skin this summer!</li> </ul>
2. Watch the Sun Safety video	Sun Safety Video	

Description of Task (s):	Resources and Materials:	Daily Checks (Return to Google Classroom or snapshots from a cell phone)
3. Go to the Sun Safety website to learn more & share with your family	Sun Safety Website	
Thursday:		
Friday:  • Have a great summer!	Have a great summer!	Have a great summer!

Week criteria for success: Watch the videos, read the handouts, stay healthy & have a great summer!

**Supportive resources and tutorials for the week**: re-watch videos as needed, email me any time, I am available 9-2 for any questions or comments